

FREE RESOURCES

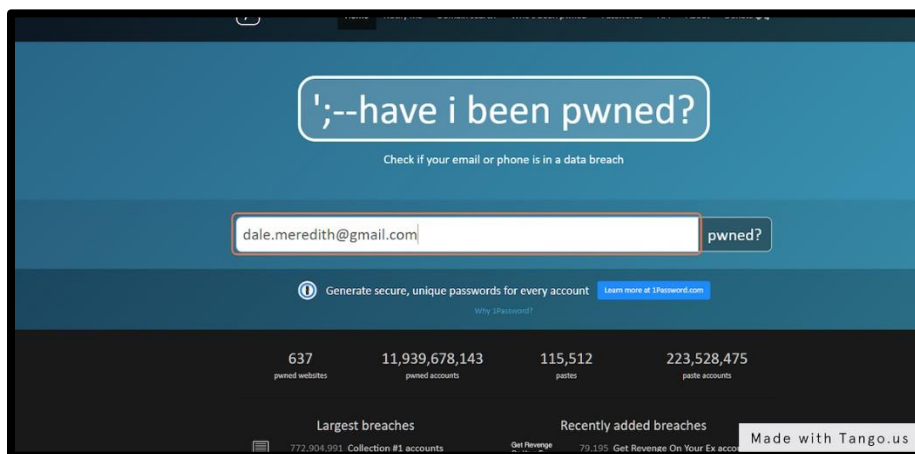


How to See if Your Email has been hacked in 3 easy steps!

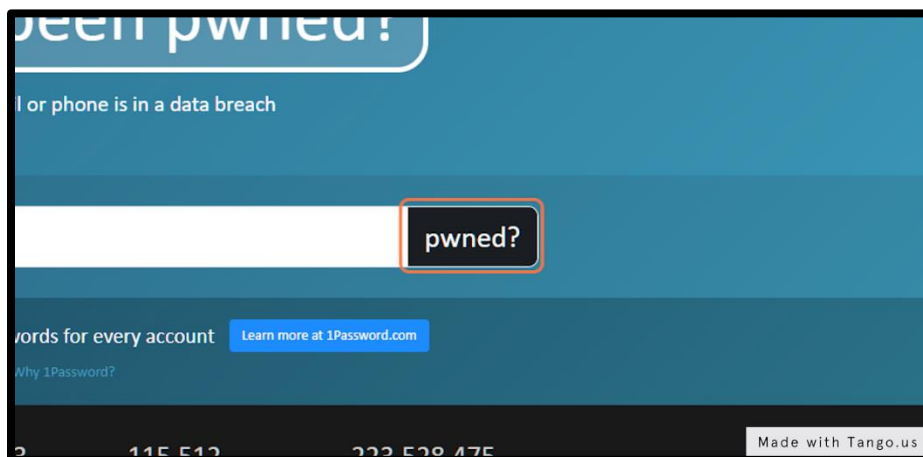
Author: Dale Meredith

STEP 1: [Go to Have I Been Pwned: Pwned Passwords](#)

STEP 2: Type in your email address

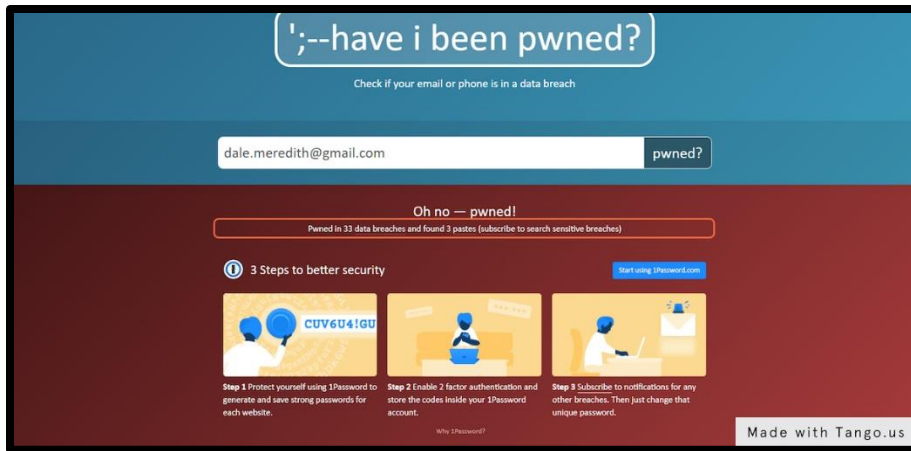


STEP 3: Click on pwned?



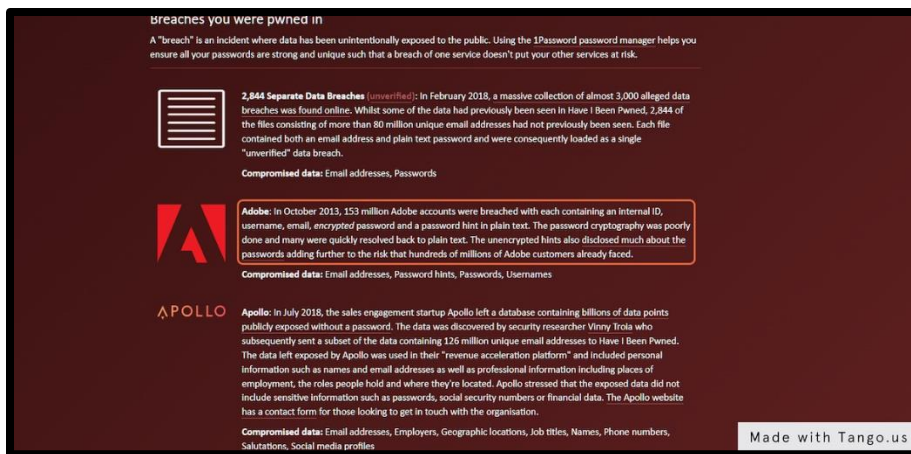
Look at how many times your email address has been involved with a breach!





Notice the information listed!

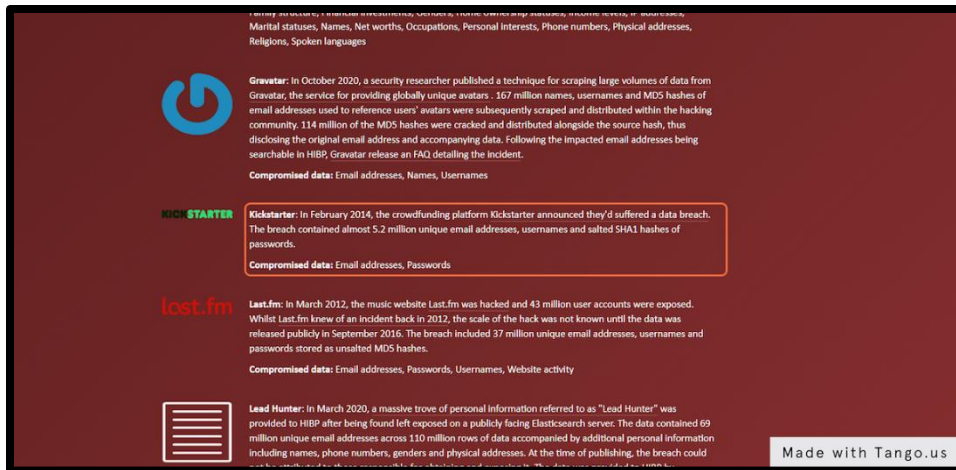
Now I know you're thinking, "Dale, this took place back in 2013!" Yeah, I know. My first question is, have you changed that password SINCE the 2013 breach? My second question is, is that password you used back then still being used on another account somewhere? Humans are creatures of habit, and studies show that folks will recycle/reuse passwords repeatedly. Even though studies show this, that doesn't mean we should be reusing passwords.



I scrolled down a bit and found Kickstarter:

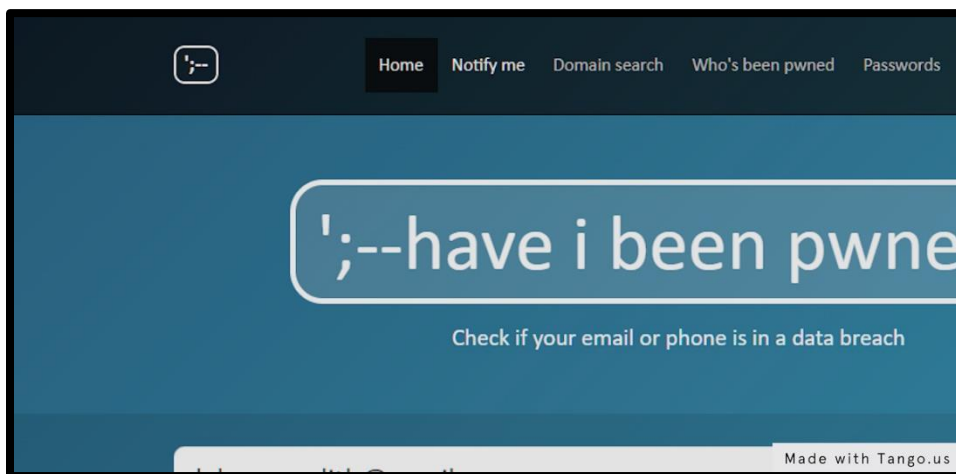
This breach contained almost 5.2 million unique email addresses, usernames. Some breaches will include other information that can be used against you like your address, activities on the web, government-issued ID numbers, and more.





BONUS - Click on Notify me

This site is maintained by my "mate" Troy Hunt, a cyber security guru like myself, and he's included the ability to notify you via email when a breach happens, and your info is a part of that breach. Trust me; you want this service, so sign up for it today!



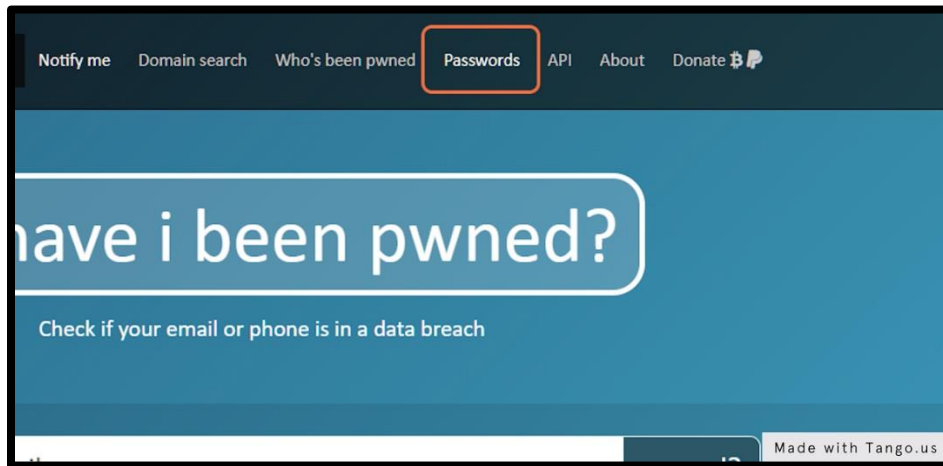
Now what do you do?

When (not "IF" folks) a breach happens, and you get notified, you simply change your password for that site. I personally rely on LastPass as my password manager, so when this happens to me, I simply tell LastPass to go and change my password with that site. It changes it and stores the new password within LastPass and I don't have to remember anything as LastPass will track and fill in that new password when I visit the site!

BONUS TIP: While You're at It!

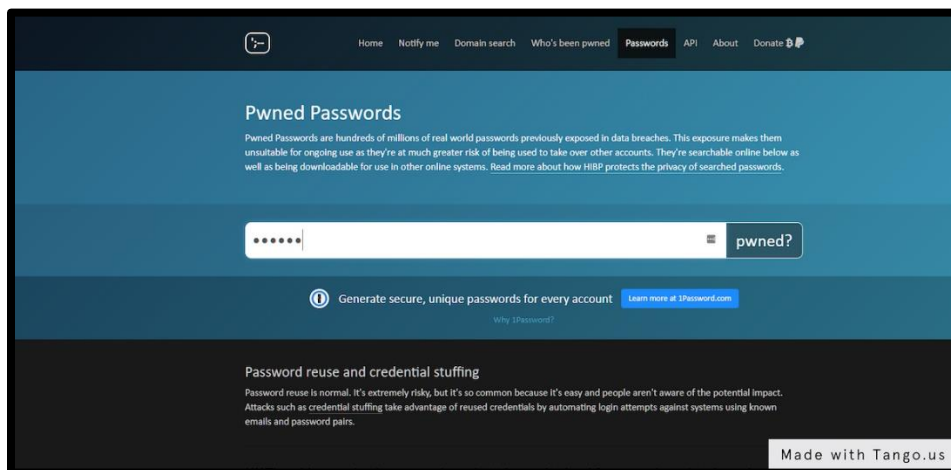


This is a great tip. You can click on the Password link to test one of your many passwords to see if hackers already know about that top-secret combination that you use for your bank account, Amazon account, or any account!

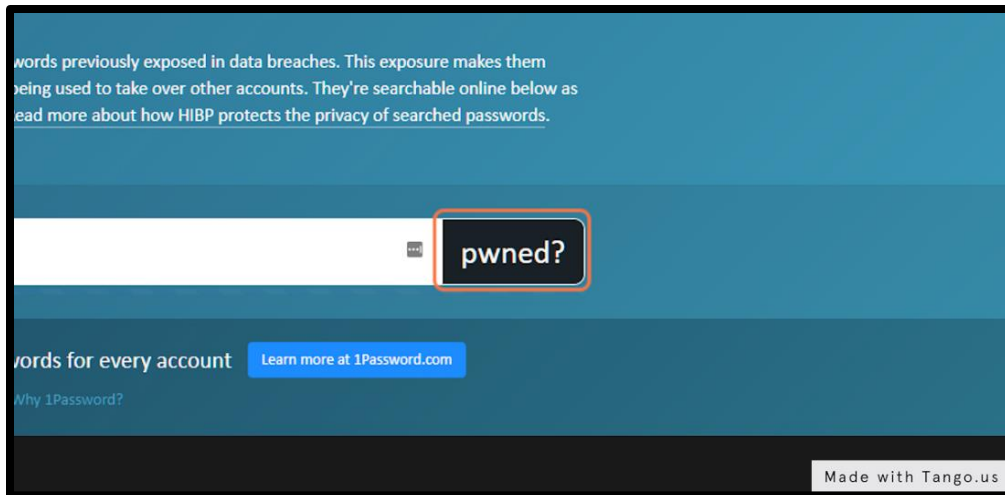


Type your password

No Troy doesn't store them, this service checks what you typed in against the massive database of passwords that have been exposed in various breaches.

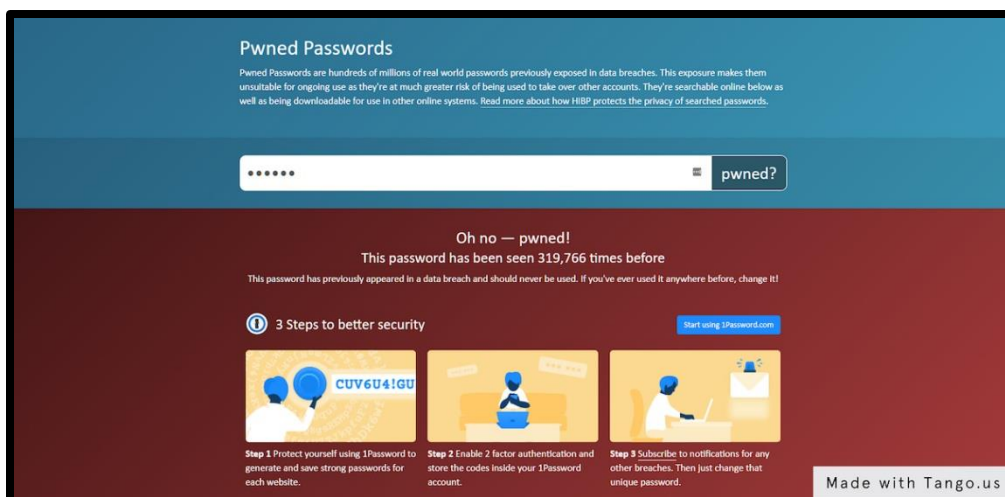


Click on pwned?



Click on This password has been seen 319,766 times before

What! the password "batman" has been used before! Holy-Super-Exposed!



Thanks for following Dale Dumbs IT Down?

-Dale